

# S H A M B H A L A

## Tibetan Light-Essences

Nr.	Name / Light-Entity	Colour / Crystal	Effect of SHAMBHALA- or Tibetan Light-Essences – Short Description
1	<b>THE BRIDGE</b>  LOGOS of the Central Sun  Sanat Kumara  Kuthumi  Master SHUNG (spiritual, tibetan physician)  female Guardian of Earth  <i>Tibetan medicine S 4</i>	<b>Colours:</b>  yellow-gold pastel-green palepink yellow + white (very delicate and fine)	Strong tickling, energizing, electromagnetic essence from the Central-Sun. Very strong, activating effect on the electromagnetic body, the magnetic cycles and magnetic chakras, to attract intensified universal life-power. Works energizing on the central-nervous-system (CNS), where it restores as in the brain – and connects disrupted energy-connections. Strengthens us, not to fall into deep depressions or death-desire. Strengthen the earth-anchorage, to be in the Here and Now and to fulfil your purpose. Supports the grid of our crystalline body-system with the crystalline energy-structures of Earth, to activate old knowledge. Strengthens the flow of life. Activating of the Alta Major-Centre at the back of the head, supports the opening, clarifying and strengthening of the energy-channel and the earth-connecting. Des-integration of crystalline incrustations in the meridians, energy-centres, energy-lanes, in the joints, as well as disintegration of crystalline implantations. Helps to divert poisons out of energy-lanes and to remove electro-smog. Breaks up limitations, brings balancing and calmness and composure.
2	<b>SHANGRILA – The New Earth</b>  Festival of the Sun	<b>Merging of Sun and Moon God and Goddess</b>	Through newly anchoring of the light, strengthening of your own creativity (creative power). Unconsciousness reaches into consciousness. Strengthens in yourself the quality of love, creativity, community, peace, joy, harmony, astonishment, devotion. Transformation, new-beginning, ascension of the masses of people to a higher consciousness.
3	<b>REBIRTH into INFINITY</b> 144 Eldest 144.000 Eldest <i>Heart-Essence (Christ-Energy)</i>	<b>Golden Light-Stream</b>	Effective by all in-balances of the heart, on all levels (physical, psychical, emotional and mental). Gives peace, joy and love, strengthens self-acceptance. Activating of the Christ-Energy in yourself, supports the acceptance of your own power, strength and force, opens the heart, anchors and strengthen the divine love in yourself.
4	<b>MOTHER EARTH</b>  <i>Essence from the heart of Mother Earth</i>	<b>Colour:</b> dark-brown brick-red with gold-threads interwoven  <b>Crystal:</b> Fluorite	Disengages fear and insecurity for the earth-power and strengthens the earth-connection, gives stability, firmness and energy. Strengthens prime-confidence, anchorage, gives solid ground under your feet. Presents new strength of being, protection, comfort and care on the earthly plane, strengthens the feeling of unity, balance, poise unisonance, mental-balance on all levels of being to fulfil the earthly goals. Makes tender, gentle, strengthens life-power, life-courage, life-joy and the love to be on the earthly plane. Helps by the anchorage of the light-body. Strengthens the contact to Mother Earth and their earth-entities, connects with the heart of the earth.

# SHAMBHALA

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5	<b>NEW BEGINNING (Scolecite)</b>  <i>a ray directly from the Heart of the ONE</i>	<b>Colour:</b> milky-white-crystalline <b>Crystal:</b> Scolecite (likeness with Selenite)  <i>Crystal- and Energy-sound-essence of the silikonquarz crystal-bowl</i>	Purifies the higher chakras and energy-lanes of the light-body. Supports the development of the light-body, of the crystalline energy-structures, the new order and higher frequency of the cells. Production of the original pulsation-frequency, connection and integration to the complete pattern of the harmony of the universe. Restructuring of the energy-lanes as well as the energy-fields of the organs through electromagnetic-vibration-power. Strengthens the feeling of the all embracing comfort, to rest in your own centre, anchorage of the self. Advances the psychic development, the next level of expression. Works like a ray directly out of the heart of the ONE. Helps to grow out of darkness into the light. Supports new-beginning, you are feeling like a Star-girl, that catches the crystalline star-energy –it is like the harvest of all your spiritual efforts .....
6	<b>NEW-BIRTH to LIGHT</b>  Master Lukas SHUNG Adamis Metatron Sungod RE Hathor  <i>Divine original power -one spark of love out of the heart of GOD</i>	<b>Colour:</b> fluid-gold (divine alchemy)  <b>Crystal:</b> Haematite (blood-stone)	Explosion of the light and the divine power, which shapes everything and unites everything in itself, in which everything develops new. New shaping of the physical body for adaption to the vibrations of the light-body, connection, union and integration of the light-body with the physical body. To extinguish old, painful remembrances, programming and pattern. New-programming into the divine programming – joy of life, joy to be here, to the earthly existence. Male/female will be newly unified. Manifestation into an androgyn entity. Through new information of the cells develops new-birth of the physical and all fine-material-bodies. Abolishment of the feeling to be separate from the source to the physical plane. Transformation and healing of old un-dissolved injury or trauma (also from earlier lives, f. e. through sudden death or shock, which wasn't worked on) causes freedom for body, soul, spirit. Produces new energy-fields for all organs, strengthen the heart (heart-essence) to feel more strongly the intermediate human love, and the love of all universal light-entities. Meridians, energy-lanes und magnetic-lanes will be nearly connected, grounding of the light-body into the physical through haematite-energy. Connection of the right and left brain-halves. Manifestation of the divine human-being, of Adam Kadmon.
7	<b>THE MOON-GODDESS</b>  Newahjac (Master and teacher of the laws of nature on Earth)  Archangel Sandalphon  Mother Earth  <i>Heart-essence of the Moon-Goddess</i>	<b>Colours:</b> golden light twin beam dark blue, dark red, silver-light, grey-blue, pink-red sparkling very small shining metallic coloured iridescent, opalescent shining colour-particles <b>Crystal:</b> Rubellit (pink or red Tourmaline)	Against tension, hardness and strain on all levels of being, loosens strains, muscle-strains, strains in the back, gastric ulcer, cramps. Softens the energy-lanes, making them elastic, flexible, gentle, tender and soft, brings lightness, makes free, cheerful and joyful. Over-exceeding, enduring and bearing, self-destroying tendencies, hardness against oneself and others will be dissolved. Acts cooling and soothing by heat on all levels, rage, indignation, hardness, strictness. Breaks up patterns of unkindness and abuse (psychical, physical, spiritual) against oneself and others. Regulates over-exceeding expression of emotions, lets you keep a cool head and cool blood, brings calmness. Heals injuries of the feminine and motherly principle. Brings balance between giving and taking, masculine and feminine. Makes gentle tender, soft, get solid in strength and power. Brings gentleness and quiet love in the heart, for oneself and others. Encourages you, to dance the dance of joy, happiness, of life and light. Supports you at journeys to other dimensions.

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## Ti beti an Li ght -Essences

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8	<b>AQUAR</b>  Goddess Aquar  Eltura  <i>origin-essence from the „Aquarian Pyramid“</i>	<b>Colours:</b> Blue, and a fine drizzling light Gold-stream	For lifting and purification of the vibration in lightness, regeneration, rejuvenation. Gentle enveloping, protecting energy. Activating of old knowledge to use it in the Here and Now. Supports the activating, developing of the full soul-potential. Conscious unity with the soul will be reached, harmony of body, soul and spirit. Move steps of development to the light. Divine essence, blueprint, lifting of the divine frequency. Remembrance of the origin. Intensifies for magnetic energies. Activating and restructuring of the human-body-structures. Transformation of the bodily essence (condensating and re-condensating.) Supports work of the light-body, energy-exchange. Depolarization of the body-energies. For levitation and teleportation, for intergalactic journeys.
9	<b>FESTIVITY OF THE DWARFS</b>  Earth Guardian  Dwarfs  <i>Grounding-essence</i>		Strengthens the contact and the communication with the earth-guardians (dwarfs) and earth-entities. Strongly activating, helps against apathy, listlessness. Strong grounding effect by lacking earth-connection, strengthens the ability of concentration and the energy-cycle. Suitable for “vertless” children. For conditions of “Withdrawal”, also by journeys, that all bodies reach their goal to the same time. Directs the conscious strengthened into the body. Helpful support for the “light food process”, for better grounding and anchorage on the Earth.
10	<b>GRACE</b> Melchizedek Archangel Laurita Mary  Divine love-energy of the pure GRACE	<b>Colour:</b> dark violet <b>Colour:</b> light-blue-gold <b>Colour:</b> light-blue	Liberation and separation of cosmic energies and connections. Through the power of the mind develops purity of the energy-pattern and control about the conditions of your life. Dissolving of criticism and condemnation through acceptance of the self. To recognize your uniqueness, strengthens your self-expression, your self-determination and in the expression of your own truth. Through that develops joy, inner, deep peace, calm, stability, security, to rest in your own centre. GRACE makes you free and independent and you recognize everything is good, as it is.
11	<b>HELINA</b>  Helina  Erzengelín Elina  Göttliche Venus-Energie  Metatron Salomon Adamis	<b>Colour:</b> pink, lightgreen + light Light in waveform <b>Crystal:</b> Amethyst <b>Colour:</b> lightgreen <b>Colour:</b> magenta-golden energy	Opens your heart for selfless love for yourself and others. Strengthens the selfless love, empathy and trust to the light and love. It is an enveloping, confidence-awakening energy, helps you to rest, to let go. You are feeling enclosed, comforted and loved. Supports to follow the voice of your heart. Strengthens the courage to go your own way. Strengthens the power and strength in your own power, creativity, might, strength. Gives life-power, joy of life, warmth, comfort, confidence, prime-trust and self-confidence. Dissolves fear of emotional injuries, helps to let go pain and fears, which results out of victim-attitude. Helps to break up fears of touching and to recognize their source. Helpful in safety-disturbance. Supports you to break up the limits and walls of your personal self, exchange and energy-flow will again be restored and strengthened. Gives free space, strengthens growth and own knowledge. Healing on the personality-level.
12	<b>DIVINE ORDER</b>  Angel for justice and order (from the divine hierarchy)  <i>Love of the pure heart</i>	<b>Colour:</b> shining-white-glittering light, which pulsates lively	Gives power and strength for oneself, to recognize, what is true, what is in the divine order. Dissolves crystalline patterns of illusion from the energy-field and lets you instead recognize and experience the crystalline forms and structures of the divine truth, clarity, order, justice, purity and wisdom. Dissolves the entanglements of patterns, lies, habits, think-patterns and forms of behaviour. Penetrates the illusion, and dissolves the veil of illusion. Brings joy, clarity, truth, purity, justice, order and wisdom.

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13	<p><b>THE BREATH OF GOD</b></p> <p>Light-Entities from the Light of Creation</p> <p>The Exhaling and the Inhaling of Creation</p>	<p><b>Colour:</b> shining white glittering light, which pulsates lively</p> <p><b>Crystal:</b> black Turmaline</p>	<p>Lightens the process of perishing and becoming, as well as to stride through the physical death-process. Helps those people in their transformation-process, who have the strong feeling, that they have to die. For all those, who accompany the dying: eases the feeling of helplessness and powerlessness, soothes the pain about dying or already deceased. Supports the detachment of old patterns, sorrow, needs, problems, fears, physical pains, suffering, discomfort of the physical, psychical, spiritual kind. Supports the detachment of the dying or already deceased. Gentle, soft healing and activating of the physical, fine-material and the light-body. Makes peaceful and calm, gives the feeling to be comforted and carried and supported. Supports the elevation in yourself, frees you from helplessness, gives you confidence in the creation, and produces a strong connection and re-binding to the light.</p>
14	<p><b>STAR SOUND</b></p> <p>Solara Stargate of ANTARIS The Star AN Starself</p> <p><i>Love- and home-energy of your Star</i></p>	<p><b>Symbol:</b> winged, hexagonal star</p> <p><b>Colour:</b> magenta glittering-sparkling-radiant light Star-gold golden ray</p>	<p>Helps to assimilate and enhance the own energies, calmly, gentle, quiet and peaceful. Supports you, patiently, confidently, joyful, trustful to dwell in your Being. Devoted support from the star-home, from the star-sisters and –brothers, to develop, in light, love, peace, gentleness, thankfulness, humbleness, gracefulness, charm and beauty. Step by step feed-back at your star-home in the dance of the light, the colours and sounds. Your life-ship glides on gentle waves, rocking, in sunshine through the water, not stormy and wild. Doesn't let you loose your goal from your sight and brings you joyful nearer to your next base-line. Strengthens the conviction to be escorted, directed and guided.</p>
15	<p><b>STAR*SELF</b></p> <p>Saint Germain Violet Flame Sanat Kumara L. Venus Kumara Starself</p> <p><i>Enthronization and Manifestation of your divine Star*self</i></p>	<p><b>Symbol:</b> salmon coloured and red rose</p> <p><b>Colour:</b> magenta ruby-red amethyst-violet Stargold</p> <p><b>Crystal:</b> amethyst red garnet</p>	<p>Transforms step by step, by itself, your re-active, self-destroying behaviour patterns, re-transformation to the divine light-entity, which YOU ARE. Growth of your personality and soul YOU ARE ONE with your creator-goddess, your creator-god. Merging of the past, present and future into the eternal NOW. INTO ETERNAL EXISTENCE IN CHANGE AND TRANSFORMATION. You are in a multidimensional light-channel. Your personality blend totally with your higher-self. Integration of all of your soul-aspects, also of the newly activated. Love, joy, cheerfulness, fun, abundance, everything, you wished, is there, also your body-forms after your divine model. Ascension-energy for your light-body and the physical-body.</p>
16	<p><b>SUN-ANGEL</b></p> <p>Lords of the Light The Elder of the days Sanat Kumara Sun-Logos</p> <p><i>Love out of the heart of God</i></p>	<p><b>Colour:</b> radiating yellow-gold of the original sunlight</p> <p><b>Crystal:</b> rose-quarz</p>	<p>Presents divine love, peace, harmony, beauty and happiness, strengthens trust and confidence in the divine guidance, supports you, to subordinate your will to the divine will. Increase the light in the cells, heals wounds and injury of the past. Dissolves the code and the pattern of aging and dying, activates and strengthens the consciousness of immortality. Step by step transformation of the double-helix DNA to the 12-helix DNA, anchorage of the divine blue-print, produces the origin-matrix of the divine body. Vibration enhancement through the energy of the prime-sunlight, light enhancement in the cells, cell-renewing, development of the crystalline light-body, makes it angel-like. Anchorage of the divine heart-spark, strengthens the divine light and the love in yourself to all, that is.</p>

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<b>17</b>	<b>THE LIGHTNESS OF BEING</b>	Glowing shining, light-orange + salmon-coloured, gold-yellow-coloured, light-green, gentle-golden, light-gentle peach + silver, glittering, colourful, little	Purifies the energy-bodies, produces the balance between all bodies (the physical and the fine-material) and brings them into accord, into an energy-pulsation. Helps to let go of very strong emotions, purifies, cools, soothes, refreshes body, soul, spirit and feeling. Strengthens the expression of the spiritual body. Gives new strength and new courage, gives tranquillity and peace. Heals old wounds in the cells. It is the time of tranquillity, integration, contemplation and accomplishment, gives total calm in being. Supports you, to let go old things joyful, to prepare yourself for the new. Opening of the heart for eternal peace and harmony, gives power of being in lightness and joy. Strengthens the expression of joy about laughter, cheerfulness and joyfulness. Gives laughter, joy, lightness and happiness.
	The Sun	starlets iridescent, phosphorescending, shining, metallic-coloured, turquoise, light-green + dark	
	Helical Light-Vortices	blue, many small etheric diamonds	
	The Moon (female)		
	Colour-particle of the New Age		
	The Goddess		
	The Laughter		
	The Water		
	<i>The Laughter and the Joy of GOD</i>		

